PAHS School Counseling Bulletin

Winter 2019-2020

Counseling Office Hours: 7:00 am - 3:30 pm

<u>Counselor Hours:</u> 7:30 am – 3:00 pm

Counselor Alpha Ranges

A-El: Mr. William Gumby- gumbyw@pasd.com
Em-Le: Mrs. Elizabeth Kilpatrick- kilpatricke@pasd.com
Li-Ro: Ms. Kimberly Osborn- osbornk@pasd.com
Ru-Z: Mr. John Shackelford- shackelfordj@pasd.com
College and Career: Mrs. Maren Bhalla- bhallam@pasd.com

Reminders:

If you are experiencing stress, anxiety or simply feel the need to talk with someone please come to the counseling office to speak to a counselor. You are our priority, and we are here to help.

Academic support is available. There are several resources that students can use in order to excel in their coursework.

- Students can speak with their teachers individually regarding assignments and tests, and regarding the possibility to retest and submit test corrections. This information is also available in the Student Handbook.
- The Phantom Achievement Center (PAC) is open during all periods (except FLEX). Students are able to sign out of study hall or lunch to access the center. The center offers faculty tutoring, and is a location where students can make up assignments due to an absence.
- Peer tutoring is available through the National Honors Society, during all periods in the PAHS library.
- Teachers are available to meet with students at least two days out of the six-day cycle during FLEX period 8. Please contact each teacher individually for their availability.
- CANVAS is a useful time management tool to plan for upcoming tests and quizzes, and review missing assignments.

Class of 2020 students and parents are encouraged to continue to check the Senior Information website to stay up to date on senior information/events/dates, etc. <u>Click here to view the senior website.</u>

Please <u>visit our website</u> for information on NCAA Eligibility, Phantom's Future, Naviance, Summer Programs and Enrichment Opportunities.

Important Dates and Events:

December (first week): Class of 2023 Naviance Visits

• Counselors will visit grade-level classrooms to review important Naviance features and complete <u>Career</u> <u>Readiness Tasks</u>.

December 4th: Parent-Principal Forum with Counseling Team

- Join Dr. Parkinson and the Counseling Team at 9:00am at the high school for open Q & A
- We will also have Mr. Joe Fullerton, Principal of the Technical High School College share information about his program.

December 3rd: Class of 2021 College Planning Presentation

• 6:30pm in the PAHS Auditorium

• Information for the college application and planning process will be presented.

December 9th – 11th: PSAT Score Release via Collegeboard.org

- All 9th, 10th and 11th grade students took the PSAT in October 2019
- Scores will be available via student created Collegeboard.org accounts on XX date
- Students will receive an email to their email addresses used to create their Collegeboard.org account when their scores are available.

December 10th: <u>Minding your Mind Evening Presentation for Families and Students</u>

- PAHS Auditorium, 6:30pm-8:00pm
- Minding Your Mind's (MYM) primary objective is to provide mental health education to adolescents, teens and young adults, their parents, teachers and school administrators. Our goal is to reduce the stigma and destructive behaviors often associated with mental health issues.

December 10th: Class of 2023 QPR Training

• QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying "Yes" to saving the life of a friend, colleague, sibling, or neighbor.

January 7th: Mid-Term Study Skills Boost (opportunity for grades 9-12)

• This study skills workshop is intended to provide students with the tools to help prepare for mid-term exams. The workshop will take place during all four lunches and period 8. Topics include: time management, test taking strategies, organizing notes, and test anxiety. If you are interested in attending please come to the counseling office during your assigned lunch or during flex on January 7th, passes will not be distributed.

January 8th: Class of 2021, 2022, 2023 Course Selection Presentation and PSAT Score Review

• In school Course Selection Presentation for Students

January 8th: 2020-2021 School Year Course Scheduling Presentations for Upperclassmen Parents

- Course Selection Night for Parents, HS Auditorium, 6:30pm-7:30pm: Class of 2021, 2022, 2023
- Please plan to attend this information session on course selection for the high school, important information regarding the process, prerequisites and graduation requirements will be discussed.

January 9th: <u>Technical College High School (TCHS) Pickering Presentation to the Class of 2023</u>

- TCHS will present to the ninth grade students during flex period
- Students may attend TCHS part-time and PAHS part-time beginning their tenth grade year, students will also have the opportunity to sign up to tour TCHS on January 30th.

January 14th: 2020-2021 School Year Course Scheduling Presentation for Parents of the Class of 2024

- Course Selection Night for Parents, HS Auditorium, 6:30pm-7:30pm: Class of 2024
- Please plan to attend this information session on course selection for the high school, important information regarding the process, prerequisites and graduation requirements will be discussed.

January 10th: <u>ACT Registration Deadline for February 8th Test Date</u>

January 13th: Class of 2020 Career Study Applications Available

• The PAHS Career Study Program is an optional program for senior students who are in good academic standing. The program provides an opportunity for students to explore a potential career path and enjoy a workplace experience. Students who participate in this program will leave school for the last three (3) weeks prior to graduation in order to participate in a program of observation or hands-on experience guided by a community sponsor. No credit or grade is earned and this is an unpaid experience. Applications are due March 22nd to the counseling office.

January 16th: Class of 2024 PAHS Visit and Tour

• The Class of 2024 will spend the afternoon at PAHS learning about the course selection process and take a tour of the building.

January 14th-17th: Mid-term Exams

January 22nd: PAHS Mental Health Day

• More information to come

January 23rd – 28th: 2020-2021 Course Scheduling Core Course Recommendations

- Core teachers have already entered their recommendation for core subjects, so you are only selecting elective courses. Please refer to the Program of Studies online for course descriptions, course weight, credit value, and prerequisites.
- Advanced Placement (AP) Potential Letters: College Board uses PSAT score data to identify students that have a high chance of succeeding in an Advanced Placement (AP) Course. Phoenixville Area High School has reviewed that report and mailed letters to students with high potential as indicated by College Board's predictors. The PSAT results suggest that particular students will find AP coursework challenging, rigorous yet within their ability. AP Potential is designed to help students meet and exceed their potential. Students are also able to access their AP Potential data on their online College Board account.

January 31st-February 7th: Course Scheduling Elective Course Selection Window for 2020-2021 Year

- All students will receive an elective selection sheet and instructions for Skyward in their alpha homeroom. This information is also available online through the PAHS Counseling Department website. The request form is for the student's reference. The purpose is for them to see the courses that are available for their grade level. Students in the class of 2021, 2022, and 2023 will need to enter their elective courses in their skyward account during this timeframe. Students must enter the requests in their student skyward account; they are not able to access this using parent skyward accounts.
- If a student does not know their Skyward login, they can stop into the Counseling Office and the secretary can provide them with this information.

January 30th: TCHS Pickering Visit

• Any student that is interested in attending TCHS for the 2020-2021 school year, please sign up in the counseling office for the January 30th visit

February – March: Individual Student/Counselor Course Selection Meetings

• Counselors will be meeting with all of their students individually to discuss course selection for the 2020-2021 school year. Students will be given a pass, which indicates their appointment time as well as posted dates and times around the building.

February 14th: <u>Registration Deadline for the March 14th SAT</u> (PAHS is a testing center for the March exam)

February 8th: ACT Test Date (January 10th registration Deadline)

February 18th Week: PAHS Counselors Visit PAMS for Class of 2024 Elective Selection

• Counselors will assist 8th grade students with the elective selection process to finalize their selections in Skyward

February 28th: ACT Registration Deadline for April 4th Test Date

February 28th: SAT School Day Registration Forms Due

• PAHS is hosting SAT School Day testing on April 14th. This opportunity will be for the students in the class of 2021 and for those in the class of 2020 who may need to test for various reasons. Registration forms are available in the counseling office.

Preview of Spring:

March 1st: <u>AP Exam Registration</u>

- Remaining AP Exam Payment balance due
- Letters will be mailed in the beginning of December, January and February to families who have a remaining balance

March 14th: SAT Saturday (February 14th registration deadline)

March 11th: Class of 2021 Career Exploration Presentations

• All students in the class of 2021 are required to complete a graduation project as part of their high school graduation requirements. The graduation project is a career-based project in order to align with new state standards, which focuses on career exploration as it aligns with Pennsylvania's Future Readiness Index.

March 20th: Class of 2020 Career Study Application Due to Counseling Office

• The PAHS Career Study Program is an optional program for senior students who are in good academic standing. The program provides an opportunity for students to explore a potential career path and enjoy a workplace experience. Students who participate in this program will leave school for the last three (3) weeks prior to graduation in order to participate in a program of observation or hands-on experience guided by a community sponsor. No credit or grade is earned and this is an unpaid experience.