

## **CATHERINE “CATHY” SABOL VARADY**

Born and Raised in Phoenixville, Pennsylvania  
Daughter of Michael G. and Anna Matonak Sabol.

### **Education Background:**

- Attended Sacred Heart Elementary School.
- Attended Phoenixville Area Junior High School in 1963.
- Entered Phoenixville Area High School in 1964.
- While in High School, was a member of the *Purple Star* Newspaper,
- International Club, Pep Club, Ushers Club, and Latin Club.
- Graduated in the top Ten Percent of P.A.H.S. Class of 1967.

Upon graduating from high school, accepted employment with the Phoenixville Area School District in 1967.

### **Dedicated 39 compassionate years to the students of the Phoenixville Area School District as:**

- Secretary to the Assistant Superintendent
- Secretary to the Superintendent
- Executive Secretary to the Superintendent Administrative Assistant to the Superintendent
- and Assistant Board Secretary of the Phoenixville Area Board of School Directors.

### **A dedicated, lifelong member of Sacred Heart Catholic Church in Phoenixville, with Parish Service as:**

- Eucharistic Minister at Mass and Ministering to the Sick and Shut-ins
- Member of Sacred Heart Parish Council
- Women of Sacred Heart Officer-Recording Secretary, Vice-President, and later President
- Sacred Heart Rosary Society Member
- Environmental Committee Co-chair
- Coordinator of Ministry Schedules and Care of Altar Linens
- Parish Webmaster
- and Participant on Committees Planning Parish Socials and Fundraisers

### **Community Service:**

- Member of the Phoenixville Community Education Foundation (PCEF) Board of Trustees
- Co-chair of the PCEF Pack-A-Backpack Program Providing Backpacks and Supplies to Needy Students
- Served on various PCEF Fundraising Committees.
- Member of the Executive Planning Committee for the American Cancer Society Relay For Life of Phoenixville since 2004.
- Chairperson of the Relay For Life Ceremonies Committee since 2004.
- Team Captain for the Sacred Heart/Holy Trinity Crusaders' Teams in 2004 and 2005.
- Involved in Fundraising/Supporting the Cystic Fibrosis Foundation since 1985.

Devoted to her husband Joseph, sons Kevin and Matthew, and now grandsons Kyle and Andrew Varady.

Cathy's belief, *"It's those little acts of kindness that really make a difference."*

"Cathy is truly an example of someone who loves her family very much, and through her dedicated service to the Phoenixville Area School District, Phoenixville Community and Sacred Heart Parish Community she  
*REALLY MADE A DIFFERENCE.*"